



TERRACE CAMPUS COMPREHENSIVE COOK'S HELPER

This 13-week program prepares you to work in entry-level culinary and food service positions in camp or in town by teaching you how to thrive in a fast-paced kitchen environment. It may lead directly in to the NWCC Professional Cook Level 1 Program.

The course has three core learning modules: Student Success and Assessments; Cook's Helper Curriculum; and Health, Safety and Service Certificates.



PROGRAM OUTLINE:

Module 1: Student Success and Assessments

Module 2: Cook's Helper Curriculum

- Safety & Sanitation
- Kitchen Operation
- Preparation & Cooking
- Module 3: Additional Safety Certificates
- Foodsafe Level 1
- Occupational First Aid Level 1
- WorldHost
- WHMIS
- Cashier Training

Date: May 25-Aug 21, 2015

Time: TBA
Monday to Friday

Cost: \$7,312
Supplies: \$1,100

Please note: a TB test will be required prior to the beginning of the program

Contact: Eleanor Caissie
Program Officer
(250) 638-5473
ecaissie@nwcc.bc.ca

PLEASE REGISTER NO LATER THAN TWO WEEKS PRIOR TO COURSE START DATE TO AVOID COURSE CANCELLING.